



E theepicentre@sanremo.org.au

P 43907888

PLEASE PHONE AHEAD FOR AN APPOINTMENT

Emergency Relief
EAPA Electricity Vouchers
Food Hampers
JP Services
Work Development Orders
Legal Aid
Financial Counsellor
Gambling Counsellor
Shower, washing and drying

TOY DRIVE

For the past 22 years, the Epicentre has provided toys and Christmas hampers for families and carers who are experiencing hardship. Last financial year, we responded to 23,309 requests for assistance.

Your donation of a toy will give a child some joy. There is no need to wrap and for any age is great!

Thank you for your support

CHILDRENS ACTIVITIES

Playgroup fun times

Tuesdays 10am

Home Schooling Hub

Wednesdays 12.30pm-3.30pm

Bored Game Classics

Thursdays 2.30pm for young people

OOSH Services

Before and After School Care
plus Vacation Care

Coming soon

Quick meals for Kooris

UPCOMING EVENTS

OCTOBER 19TH

Connect Hub

10am to 2pm Support with signing up with Centrelink, Revenue NSW and Births, Deaths and Marriages and more services all in one place.

Everyone welcome

OCTOBER 11TH

Healthy Jarjums
Kindy Health
Screening with
Nunyara Aboriginal
Health Services

LINKS YOUTH SUPPORT SERVICE

Support through life's challenges for young people aged 12 to 18 years

Access to GP Clinic and
Hespath Outreach Youth Access
Team

Information, support and referral
Case management
School and Community Based
Programs

Phone Kaz or Daz on 43907888 or
email links@sanremo.org.au

BLUE HAVEN OOSH SERVICE

Operates from Blue Haven
Community Centre
Before, and After School and
Vacation Care

Fully accredited service,
warm and friendly with CCS
available. Phone Kristy on
43992242

ACTIVITIES

Mens Shed Mondays,
Wednesdays, Fridays and
Saturdays 8am to 12pm
Phone 43900070

Women's Shed Mondays

Art Mondays 10am

Yoga Fridays 9.30am

Euchre Thursdays fortnightly

NGALIYA DHULUGA ABORIGINAL GARDEN

We are committed to
recognising and valuing our
rich Aboriginal and Torres
Strait Islander culture through
the sharing of knowledge and
building strong relationships.
Beautiful space for meetings,
events, training, a BBQ and a
good yarn

SUPPORTS AND SERVICES

Legal Aid Mondays Fortnightly

Alcoholics Anonymous

Sundays 10am & Mondays 7pm

Narcotics Anonymous

Thursdays 7pm

Emergency Relief

Tuesdays and Thursdays

Financial Counselling Thursdays

Gambling Counselling Wednesdays

Electricity Support Wednesdays

Carers Support Group-Call Noreen

on 0418 946 775

COMMUNITY RESOURCES

Opportunity Knocks Op-shop

Liamena Ave

Community Garden-Liamena Ave

Justice of the Peace

Sluggo-Community Bus Hire

Access to Technology Computers,
fax, emails

Hire rooms- for community and
corporate events, celebrations
and kids parties. Please enquire

Local Activities

District Playground

BMX and Skate Park

Boat Ramp

Fishing

Park Run

Shared Pathways

Great shops, schools and
people

Food Banks

The Entrance Food Hub

43322422

Toukley 4396 1555

Housing Services

Link2Home

1800152152

Coast Shelter

4325 3540

Housing NSW - Doorways

4352 9600

Youth Support

Headspace 43941000
Youth Health 43569333

Cultural Support Service

Yerin Aboriginal Health Services
4351 1040
Bungree 4350 0100
Nunyara 4320 2698
Mosaic Multicultural Services
4334 3877

Support Services

Lifeline 13 11 14
Domestic Violence Hotline 1800
656 463
Mental Health Line
1800 011 511
My Aged Care
1800 200 422
NDIS
1800 800 110
Centrelink 13 24 68

SHOUT OUT AND A BIG THANK YOU TO

Coles around the lakes

Coast Hands

the Bikers Hand

OZ Harvest

Swamp Central Coast

Wild Woollies

San Remo Community Garden

for all your support

NOTES/APPOINTMENTS/REFERRALS/PHONE NUMBERS