

A safe place for social, cultural, physical, financial and mental health

# THE CORE

We are getting down to the core of our community with most programs up and running now. It has been a challenging time however, I would like to say what a wonderful team we have. Staff and volunteers have worked differently and been extremely flexible to make sure people's needs are met.

This week we celebrated NAIDOC Week with art and good food with the children and young people from Northlakes High and Primary schools. We also observed one minute silence for our soldiers who fought for our country with a morning tea afterwards.

# ASSISTANCE WITH FOOD, VOUCHERS and MATERIAL AID

**San Remo** call on 43907888 for an appointment **The Entrance** call 43324545 for an appointment

#### **UTILITY RELIEF**

**EAPA vouchers -** help with electricity and gas bills. Call the Centre or Mary-Anne on 0476 247 313

## **BLUE HAVEN OOSH SERVICE**

After School and Vacation Care -phone Kristy on 43992242 or email oosh@sanremo.org.au

#### LINKS YOUTH SUPPORT SERVICES

Individual Support phone Corrina on 0491 729 539 or email <a href="mailto:links@sanremo.org.au">links@sanremo.org.au</a> Housing Support phone Cindy 0482 812 502 or email <a href="mailto:rentchoice@sanremo.org.au">rentchoice@sanremo.org.au</a> Activities

Rent it Keep it

Street Gym-TheY-recreational and healthy activities after school

GP Clinic-doctors and nurses

Headspace-mental health support

Community Drug Action Team – Junior peer leaders

Skills Development group work in schools

Telephone (02) 43 90 7888 Fax (02) 43 99 2398 Email theepicentre@sanremo.org.au

Address 28 Brava Avenue San Remo 2262 ABN 57700289690



T-Party-Transgender and sexuality supports for young people Like our LINKS Youth Support Service Facebook page

# **NEIGHBOURHOOD CENTRE ACTIVITIES**

Woman's Sensory Garden, Yoga, Zumba, Men's Shed, Artist Painting, Financial, Gambling and Personal Counselling, AA, NA, Legal Aid, Ngaliya Dhuluga Aboriginal garden, Reconciliation Group, Home maintenance for women

# **FAMILY ACTIVITIES**

Playgroup

Construction Crew for children 8-12 years who are on the spectrum, with ADHD or just have a difficult time in social settings. Program is driven by the children's interest and developmental needs.

123 Magic-parenting program for emotion coaching

Shark Cage-domestic violence support program

## **FAMILY GARAGE**

Assessment and referral for families in need Seasons for Growth - grief and loss for children

## **BUSHFIRE RECOVERY AND RESILIENCE PROJECT**

Do you need help recovering from the bushfires and preparing for the summer? We can help with your material needs. Please contact Nicole on 0468 840 561 or email <a href="mailto:nicole@sanremo.org.au">nicole@sanremo.org.au</a>

## **OPPORTUNITY KNOCKS**

Visit our op-shop on Liamina Avenue for a bargain and a coffee

## **TOY DRIVE**

Once again we are collecting new toys for our toy drive. This year more than ever with COVID our families are really struggling. Please put a smile on a child's face and bring an unwrapped present to the Centre.

#### CHRISTMAS WITH A DIFFERENCE

Bring your pets for a photo with Santa Wednesday 2<sup>nd</sup> December 3pm-6pm

#### **FACILITIES**

Shower and Washing machine available Sluggo our Community Bus is for hire Do you need a room to meet? Call us for our competitive rates

## For all programs call the centre for days, times and details on 43907888

All our Centres are all operating in compliance with Public Health Directions and is COVID safe. Please sanitize and sign in on arrival

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